

**Eastern & Central Sydney Sexual Assault Service**, based at Royal Prince Alfred Hospital responds to the needs of adults and young people who have been sexually assaulted and promotes a non violent society, where sexual violence is not tolerated.

# Information on Sexual Assault for Service Providers

## WHAT IS SEXUAL ASSAULT?

- Sexual assault is any behaviour of a sexual nature that is unwanted or forced
- Sexual assault is a serious crime
- Sexual assault is an abuse of power and control
- Sexual assault is an act of violence that may cause physical or psychological harm
- The responsibility for the sexual assault lies solely with the offender

## SEXUAL ASSAULT SERVICES HAVE COUNSELLORS AND DOCTORS WHO SPECIALISE IN WORKING WITH PEOPLE WHO HAVE BEEN SEXUALLY ASSAULTED.

We provide a sensitive, supportive and timely service.

- **Our Service Is Free And Confidential**
- **No Medicare Card Is Required**
- **Interpreters Can Be Provided If Required**

## Contact us

Eastern & Central Sexual Assault Service

**Business hours 9515 9040**

**After hours 9515 6111**

King George V building  
Ground floor Missenden Rd  
Camperdown NSW 2050

**Website** [www.sexualassault.net.au](http://www.sexualassault.net.au)

## WHO CAN BE REFERRED?

### Women, Men and young people who:

- Have been sexually assaulted in the past 7 days
- Have been sexually assaulted in the past
- Are adult survivors of childhood sexual abuse
- Are non-offending family and friends of victims of sexual assault
- Eastern and Central Sydney SAS (ECSAS) based at Royal Prince Alfred Hospital Camperdown provides a service to adults and young people over the age of 16 years only (young people aged between 14-16 years may opt to attend our service)

## WHAT SERVICES DO WE PROVIDE?

- A 24 hour, 7 day a week crisis counselling and medical/forensic service for a recent Sexual Assault (in the last 7 days)
- Medical service including sexual assault forensic and general examinations; emergency contraception and preventative treatment for sexually transmitted infections provided
- Ongoing counselling and support for people who have been assaulted. The purpose of sexual assault counselling is to support clients in exploring their feelings, its effects and impacts of the sexual assault on their lives
- Court preparation and support
- Therapeutic and support groups
- Community awareness and prevention education
- Consultation and training for professionals and communities

## WHAT CAN YOU DO?

- Believe and validate the victim:- Research suggests that if you validate the victim's experience the time it takes for them to recover is lessened.
- Provide information, discuss our services and suggest referral:- Research also suggests linking people to specialist sexual assault services may reduce the impact of sexual assault.
- A client's willingness to engage in the counselling process is paramount to its success. However we respect the client's right to postpone or decline a service.

## HOW TO REFER TO US?

### Business hours (8:30am -5pm)

Contact Eastern & Central Sexual Assault Service on **9515 9040** and ask to speak to the sexual assault intake worker. The sexual assault counsellor will organize the most appropriate service for your client/patient

### After hours

If the Sexual Assault has occurred in the past 7 days please phone either the switch at either Royal Prince Alfred Hospital on **9515 6111** and ask to speak to the on call sexual assault counsellor

For urgent 24 hour crisis telephone counselling contact NSW Rape Crisis Centre Sydney **(02) 9819 7357**, Freecall **1800 424 017** [www.nswrapecrisis.com.au](http://www.nswrapecrisis.com.au)

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