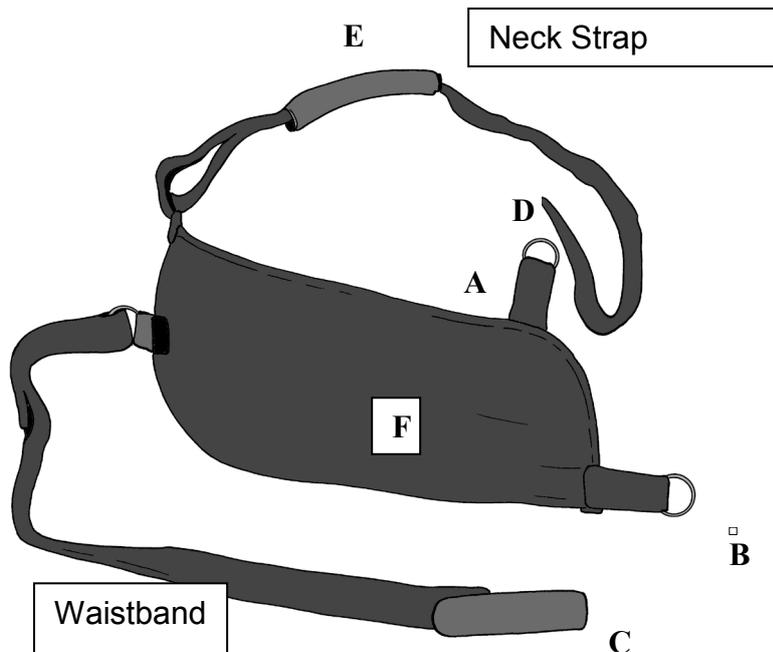
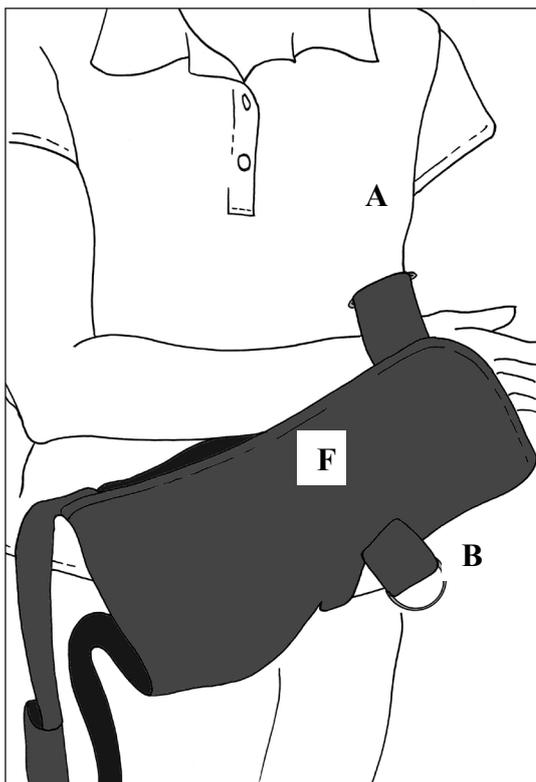


# How to Apply A Sling:

For Further Information Please Watch Our Sling Video on the following link:  
<http://www.youtube.com/watch?v=-Rq2HzfvFxA>

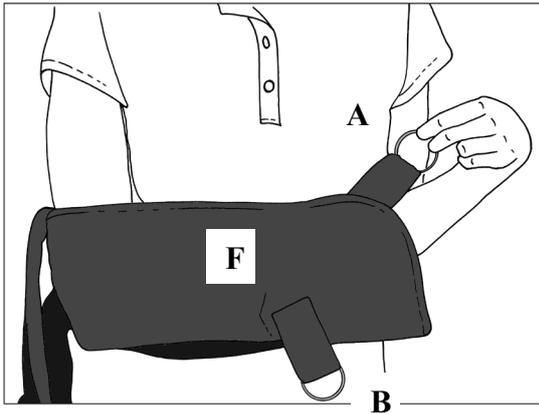


- A = Top ring
- B = Side Ring
- C = Waist Strap
- D = Shoulder Strap
- E = Neck Pad
- F = Arm Cover

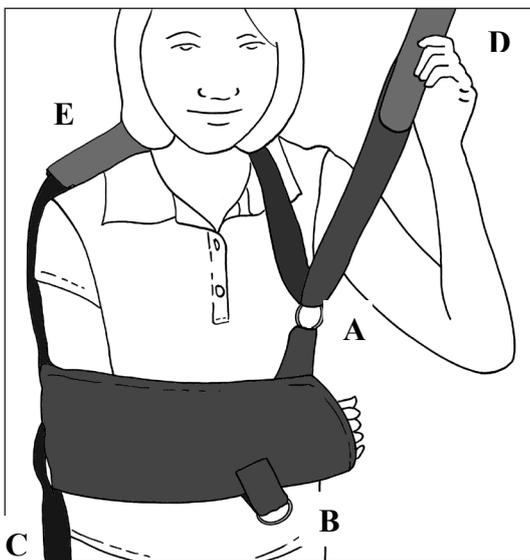


Firstly, place your hand (of the affected side) into the cover (F).

Secure the cover (F) around the elbow

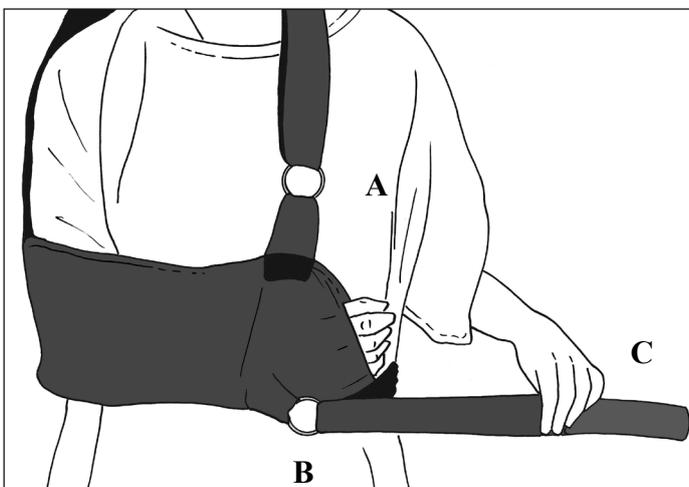


**Elbow should fit snugly into corner of the cover (F).**



**Pull shoulder Strap (D) through top ring (A) and secure shoulder strap (D) back onto itself with the Velcro.**

**Note: Elbow should be resting at 90 degree angle.**



**Note: Shoulder strap comes behind the affected shoulder.**

**Pull waist strap (C) through side ring (B). Secure back onto it self with the Velcro.**