



# Pre-Admission Clinic

## Concord Hospital

### Why do I need to have a Pre-Admission Clinic (PAC) Assessment?

#### The purpose of the PAC is to:

- Assess your medical fitness for Surgery and Anaesthesia
- Provide you with information as to what you can expect before and after surgery
- Answer any questions you may have about your admission
- Streamline your admission on the day of surgery, provide the best possible preparation and reduce the chance of cancellation on the day.

### How can I prepare before attending the appointment?

Ensure that you have seen your usual Specialists **prior** to your appointment (such as a Cardiologist or Endocrinologist).

Fill out the Patient Pre-procedure Health Questionnaire on the hospital website, which can be found at [slhd.nsw.gov.au/concord/preadmission](https://slhd.nsw.gov.au/concord/preadmission). If you would like a paper form to be mailed to you, please call the Admissions Department on **(02) 9767 6855**. It is important to complete this form as soon as you know you need surgery, to allow hospital staff to best assess and prepare you for surgery.

### What tests will I have?

- Blood tests
- ECG (Electrocardiogram) to check your heart
- Chest X-ray (possibly)
- Specialist tests and appointments may need to be booked as a result of your assessment.

### Who will I talk to?

You will be interviewed by clerical and nursing staff and assessed by an anaesthetic doctor. Depending on your health and type of surgery, you may also be scheduled for an interview with a specialist nurse and a surgical doctor.

### What will I need for the appointment?

- Medicare card
- Health insurance fund details
- Pension/health care/veteran entitlement card (where applicable)
- **Bring your current medications**
- Recent test results: blood tests, X-ray, scans
- Completed Health Questionnaire



**Please note:** You must sign a consent form prior to your admission for your operation.

## Can I eat before my PAC appointment?

Yes. Take your usual medications, too.

## What should I wear?

Please wear clothing that is easily removable for examinations and tests.

## How long will it take?

If your surgery is day-only, allow 2-3 hours for the pre-admission assessment.

For more major surgery, allow 4-5 hours for the complete assessment.

There are many arrangements that need to be made for your admission and it is important that these are attended to at the clinic. A coffee shop is located on the ground floor, to purchase refreshments if required.

## Where do I report?

Report to the **Main Information Desk** in the main entrance of the hospital for your initial admission interview. You will then be directed to the Pre-Admission Clinic.

## How do I get to the hospital and Pre-Admission Clinic?

The hospital is situated in Hospital Road, Concord, and is accessible by public transport or private car. Please note there is a carpark fee.

The hospital is well serviced by public transport. For service and timetable information please contact **13 15 00** or **transportnsw.info**

## Country patients

Country patients are welcome to attend the Pre-admission Clinic.

If you are not able to attend, please complete the Patient Health Questionnaire, and send this to the Pre-admission clinic as soon as you know you need surgery. The patient health questionnaire is available at:

[slhd.nsw.gov.au/concord/preadmission](http://slhd.nsw.gov.au/concord/preadmission) If you would prefer a paper form to be mailed to you, please call the Admissions Department on **(02) 9767 6855**.

We will then ask your Local Doctor (GP) to arrange any necessary tests or specialist appointments, and send results to the pre-admission clinic as soon as possible. Your procedure may be delayed or cancelled if we do not receive this information.



### Contact

Admissions Department  
Ground Floor, Building 3  
Concord Hospital  
Hospital Road  
Concord NSW 2139

**Phone:** (02) 9767 6855  
[SLHD-concordadmissions@health.nsw.gov.au](mailto:SLHD-concordadmissions@health.nsw.gov.au)

