

Nursing Students - Before You Start

Professor Marie Bashir Centre

Practical Things

What to Wear

Mental Health staffs in the Sydney Local Health District do not wear uniforms. You can wear tidy casual clothing, but please do not wear ripped jeans, shorts or singlet tops. Shoes need to be enclosed with rubber soles (no ballet flats). Long hair needs to be tied back and no neck scarves or lanyards are to be worn. Jewellery should be kept to a minimum. *General rule: If you can see up it, down it or through it – Don't wear it!*

Transport and Parking

Professor Marie Bashir Centre is a 30 minute walk from Newtown railway station. If walking to/from Newtown station late at night, try to walk along King Street as it is better lit than some of the back streets. There are also a number of bus routes to Missenden Road from the city and Newtown railway station.

Street parking is metered and time limited. There is a public car park behind the King George V Building, but rates are by the half-hour. Unfortunately, we do not have onsite parking options for nursing students. Public transport is the most viable and cost-effective option.

Access to the Wards

General access to and from the wards is through the main entrances on each level. You will be allocated and provided with an access key on your first day of placement. You will be required to pay a \$50 cash deposit for this access key that will be returned to you on your final day of placement, when your access key is returned to the Trust Office. Deposits will be withheld should keys become lost.

Student ID and Name Badges

All students must have identification clearly visible at all times – this includes both your student ID card and your name badge.

Personal Duress Alarms

Personal duress alarms should be worn at all times when in clinical areas – you will be allocated a duress alarm for the entirety of the shift you are working and you will be shown where to sign them in/out. Duress alarms are worn on your person; either clipped to belt or pants, and is not to be covered by clothing as this interferes with the system's ability to accurately locate you. During your ward/unit orientation you will be shown how to use a personal duress alarm.

Breaks and Time off the Ward

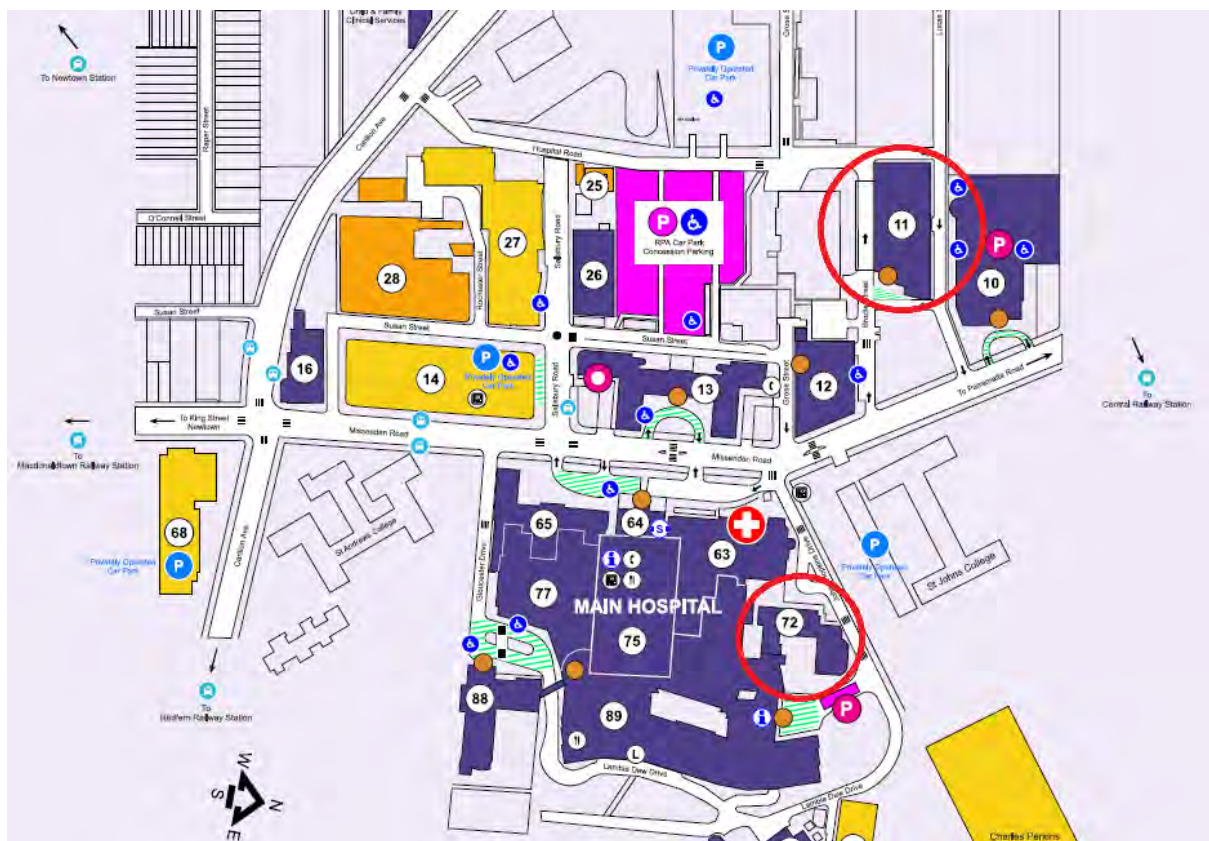
You should be taking your breaks at the same time as your allocated nurse preceptor for the shift. Any time off the ward for debriefs or education organised by your clinical facilitator should also be brought to the attention of the nurse in-charge of the ward/unit at the start of your shift and your allocated nurse preceptor.

If you will not be present for a shift (for example, you are off sick), it is expected that you call the ward to let them know.

Food and Drinks

Professor Marie Bashir Centre does not have an onsite cafeteria. You will have access to staff rooms with tea/coffee, a fridge to store your lunch and space to take your breaks. Royal Prince Alfred Hospital has a cafeteria which is short walk from PMBC as well as local cafes along Missenden Road.

Royal Prince Alfred Hospital Map



Key

11. Professor Marie Bashir Centre

Ground Floor – Assessment Unit

Level 3 – Acute Inpatient Unit

Level 4 – Male and Female High Dependency Units

Level 5 – Peter Beumont Eating Disorder Inpatient Program and Short Stay Unit

You will meet on the Ground Floor in the foyer area of the Professor Marie Bashir Centre on your first day.

Clinical Nurse Educators

Peter Dixon – CNE Professor Marie Bashir Centre (P 9515 1410)

Alexandra Dimovski – CNE Undergraduate and Graduate Nursing Staff, Professor Marie Bashie Centre (P 9515 1481)