

Eating Disorders Training Overview

Training	Description	Target Audience	Delivery	Access
Eating Disorders: Spot the Red Flag	Content: General Information about eating disorders and local pathways to care. Duration: 1 hour	Inpatient or community clinicians across disciplines	Online (HETI)	LMS (My Health Learning)
‘Everyone Has a Role’ An introduction to the identification and treatment of eating disorders	Content: General information about eating disorders including background, diagnosis, prevalence, signs/symptoms, screening, assessment, local pathways and support for clinicians. Duration: 1 hour	Inpatient or community clinicians across disciplines	Face-to-face	Contact Eating Disorder Coordinator (Mars)
The Essentials: Training Clinicians in Eating Disorders	Content: Training in medical, psychological and dietetic management in eating disorders. Duration: 17.5 hours	Inpatient or community clinicians across disciplines	Online (CEDD)	Contact Eating Disorder Coordinator (Mars)
Community Management of Eating Disorders	Content: Provides a ‘starter pack’ of skills and resources for community clinicians. Duration: 1 hour each (eLearning and webinar)	Community clinicians across disciplines	Online (CEDD)	eLearning: Contact Eating Disorder Coordinator (Mars) Webinar: CEDD website
Family Based Treatment: The Basics for Children & Adolescents with Anorexia Nervosa	Content: Basic understanding of the recommended first line treatment for children and adolescents with an eating disorder. Duration: 1 hour	Inpatient or community clinicians across disciplines working with Children & Adolescents	Online (HETI)	LMS (My Health Learning)
Cognitive Behavioural Therapy for Eating Disorders: A Practice Based introduction	Content: Practice based introduction to using Cognitive Behavioural Therapy to treat Eating Disorders. Duration: 1 hour	Inpatient or community clinicians across disciplines	Online (HETI)	LMS (My Health Learning)
Foundations for Eating Disorders	Content: Understanding of eating disorders and their function, the starvation response and the importance of a collaborative approach to treatment. Duration: 1 hour	Inpatient or community clinicians across disciplines	Online (CEDD)	CEDD website
Eating Disorder Inpatient Management	Content: Practice based introduction to managing a person with an eating disorder in a hospital setting. Duration: 5 hours	Inpatient clinicians across disciplines	Online (CEDD)	Contact Eating Disorder Coordinator (Mars)

For further training in FBT or CBT-E; Please contact the Eating Disorder Coordinator (Mars)
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