



Inpatient unit Family and visitor information

About our unit

The purpose of inpatient treatment is medical treatment for people with eating disorders who are very unwell. The aim of treatment is to become medically stable and learn skills to overcome disordered eating. This includes regular meals with staff support, and restoring weight if it is too low. These things are essential to start the recovery journey. We strongly encourage family and friends to be involved in our patients' recovery.

Contact us

You are welcome to call and speak with the nurse unit manager or the clinical nurse consultant if you have questions or concerns. There is a phone on the unit for patients to receive incoming and make outgoing calls outside of therapy and meal times before 9.00pm.

Contact us

Fifth Floor, Professor Marie Bashir Centre
Royal Prince Alfred Hospital
67-73 Missenden Road
Camperdown NSW 2050

To make a referral

Phone: (02) 9515 1430
Fax: (02) 9515 1502

Our team

- Specialist Psychiatrists
- Specialist mental health nurses
- Psychologists
- Dietitians
- Occupational Therapist
- Social Workers/family therapists

Nursing station: (02) 9515 1551

Patient phone: (02) 9515 1464

Visiting

At the Peter Beumont Unit, our patients' recovery is our priority. We ask that visitors come outside of meals, snacks and therapy times. Please call ahead to check or ask for a copy of the group timetable. We also ask that visitors don't come during rest periods, except after dinner and on weekends.

What not to bring

For our patients' safety, some items are not allowed on the unit. We kindly ask that you don't bring the following items when visiting: **cigarettes, alcohol, dangerous objects (glass or sharp objects), chewing gum, food or drink, over-the-counter medicines or diet products, and glossy magazines.**

We have lockers available if you need to store your personal items when you visit.

Visiting hours

Monday - Friday: 4pm - 8pm
Weekends: 10am - 8pm

Meal times

- Breakfast: 8am
- Morning Tea: 10.30am
- Lunch: 1pm
- Afternoon tea: 3:30pm
- Dinner: 6pm
- Supper: 8pm

Peter Beumont Eating Disorders Service

Information and support services

We aim to give you the information you need about your loved one's treatment – feel free to ask a staff member if you have any questions or would like to speak with a family therapist.

For more information and support services please use the following links specific to eating disorders:

- www.cedd.org.au
- www.thebutterflyfoundation.org.au
- www.cci.health.wa.gov.au

Recommended book: "Skills-based Learning for Caring for a Loved One with an Eating Disorder: The new Maudsley method" by Janet Treasure.

Getting here

Public transport: Leaving from Railway Square at Central Station, the **412 bus** route stops across the road from us.

Parking: There is a drop-off area at the front of the building and metered street parking is available in the nearby streets.

