

insafe hands

Building effective healthcare teams



What is In Safe Hands?

The In Safe Hands program aims to build and sustain effective health care teams.

It is designed to give health care teams the structure and tools to redesign their units into strong, interdisciplinary teams that work together to deliver highly reliable, planned care to all patients.

Similar programs across the world have demonstrated that effective teams have;

- ✓ Reduced patient length of stay
- ✓ Reduced unexpected deaths
- ✓ Improved the patient experience
- ✓ Increased staff satisfaction.

In Safe Hands enables teams to address daily challenges of patient care by empowering them to make good decisions.

Four key principles enable the development of highly functioning teams:

1. Unit based teams
2. Co-leadership model
3. Structured Interdisciplinary Bedside Rounds (SIBR)
4. Continuous evaluation processes

Structured Interdisciplinary Bedside Rounds (SIBR)

Structured Interdisciplinary Bedside Rounds (SIBR) is one component of the In Safe Hands program. SIBR is a process where nursing, medical and allied health professionals involved in the care of the patient meet together daily with the patient and family to discuss the patient's care.

The team collaboratively cross-check information and hold each other accountable to a quality safety checklist. They can then develop and record a mutually supported plan of care.

SIBR has been shown to;

- ✓ Improve patient safety
- ✓ Improve communication
- ✓ Promote a patient centred approach to care
- ✓ Develop and improve team structures.

These rounds ensure all team members are present, have a voice and communicate relevant patient information in a structured format that is clear and concise. An outline of the structure is shown below.



For more information, contact:

Karen Bowen,
Nurse Manager Clinical Practice
9515 9292

For more resources:

www.cec.health.nsw.gov.au/programs/insafehands

<http://www.slhd.nsw.gov.au/Nursing>

