



A GUIDE TO GETTING YOU READY FOR DISCHARGE

THINGS WE NEED TO KNOW TO HELP WITH YOUR DISCHARGE!

Do you already receive services / help at home?

Will you need help with any of the following once you return home?

- Showering
- Cleaning
- Transport
- Shopping
- Meals

Do you need an interpreter?

Language required (if yes)

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Do you care for someone at home?

Do you have a lot of steps either outside or inside your home that you need to use?

Do you think you would benefit from a short stay in a hostel or nursing home prior to going home (i.e. respite care)?
Are you having problems with taking your medications?

Do you need a medical certificate?

If you have answered yes to any of these questions please inform your nurse or doctor so that we can prepare for your discharge.

WHAT DOES THE DISCHARGE DATE MEAN FOR YOU AND YOUR FAMILY?

- The discharge date is the day you are expected to leave hospital.
- It allows you and your family/carer to prepare for your discharge
- The discharge date may change as your medical condition changes
- Please confirm your discharge date with the doctors and nurses
- Please arrange transport home for your confirmed discharge date. Speak with staff if you require assistance with transport arrangements

THE DISCHARGE DATE ALSO HELPS WITH ARRANGING:-

- Referral to the Community Acute and Post Acute Care services for clinical care if necessary e.g. wound dressing, IV antibiotics
- Referral to community services to help meet your discharge needs
- The restarting and / or increasing your existing home services
- Your transport home with your family / carer

ON THE DAY OF DISCHARGE

- Your discharge should be confirmed by your healthcare team by 10am.
- You may be sent to the Discharge Lounge while your final discharge needs are completed or while waiting for your transport home. There is a nurse to care for you whilst you wait in Discharge Lounge.

Discharge Lounge Location:

LEVEL 2 – follow directions to BORONIA WARD

Ph No. 9787 0205

SOME OF THE ITEMS YOU MIGHT BE WAITING FOR INCLUDE:-

- A discharge letter for your local doctor
- 3 days supply of any new medication commenced
- Follow-up appointment dates and times
- Nursing discharge letter for the community nurses (if required)
- Medical certificate (if required)
- Dressings (if required)

BEFORE GOING HOME PLEASE REMEMBER TO COLLECT YOUR

- Private X-Rays
- Own medications
- Belongings from finance (if placed there for safety)

ON ARRIVAL HOME

- Make a follow up appointment with your local doctor and take all your discharge paper work with you
- Make any specialist appointments not made in hospital
- Arrange help to get any new prescriptions filled after you arrive home