

# Arthritis & Osteoporosis Centre Canterbury Hospital

502-518 Canterbury Road Campsie NSW 2194  
Phone:(02) 9562 5699 Fax:(02) 9562 5683

## Referral for Bone Mineral Densitometry

Patient's Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_ Gender: Male Female

Address: \_\_\_\_\_

Scan Region:  Routine - Lumbar Spine/Hip  other (specify)

---

### All Medicare items are bulk billed – MUST SELECT

#### QUALIFIES FOR 12 MONTHLY BMD

- Item **12312** Diagnosis and monitoring of bone loss associated with 1 or more of the following conditions;
- Prolonged glucocorticoid therapy;
  - Any condition associated with excess glucocorticoid secretion;
  - Male hypogonadism; or
  - Female hypogonadism <45yrs.
- Item **12321** Monitor change in therapy for:
- Established low BMD; or
  - Confirming a presumptive diagnosis of low BMD made on the basis of one or more fracture occurring after minimal fracture.

#### QUALIFIES FOR 24 MONTHLY BMD

- Item **12306** is performed if:
- Confirmation of a presumptive diagnosis of low BMD made on the basis of one or more fractures occurring after minimal trauma; OR
  - Monitoring of low BMD proven by BMD at least 12 months previously. **(T-score is -2.5 or less)**
- Item **12315** Diagnosis and monitoring bone loss associated with 1 or more of the following conditions:
- Primary hyperparathyroidism;
  - Chronic liver or renal disease;
  - Proven malabsorption;
  - Rheumatoid arthritis;
  - Hyperthyroidism.

- Item **12322** is performed if:
- The patient is **≥ 70 years of age** and the T-score for the patients BMD is less than **-1.5 but more than -2.5**

#### QUALIFIES FOR 5 YEARLY BMD

- Item **12320** is performed if:
- The patient is **≥ 70 years of age AND EITHER** has not previously had a BMD OR
  - The patient's BMD previous T-score was **≥-1.5**

**OR**

**INELIGIBLE FOR MBS REBATE** (fees may apply)

---

Referring Doctor: \_\_\_\_\_ Provider No: \_\_\_\_\_

Address: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

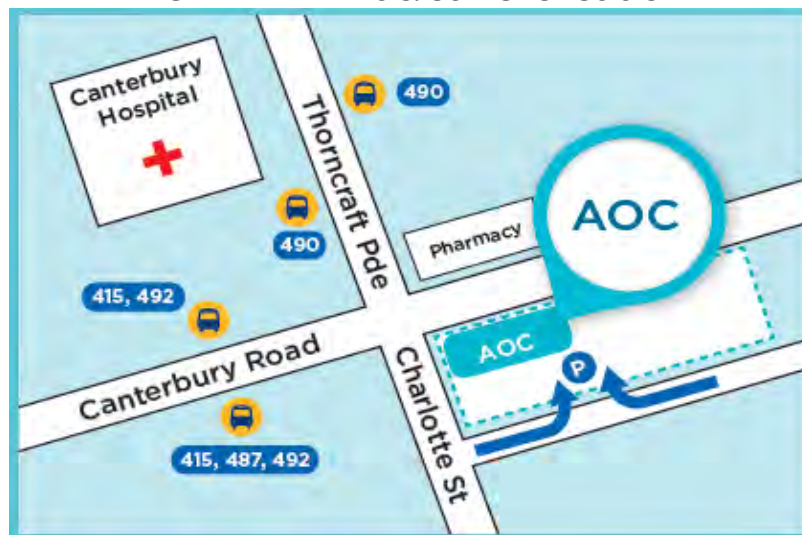
*Place stamp here*

**Procedure:**

A bone density scan is short, non-invasive and painless scan that assesses the strength of the bones and probability of a fracture in persons at risk of osteoporosis. The scan takes around 10-15 minutes where the spine and hip is measured by lying down on a padded table scanner whilst the arm of the machine passes over the body. The scans will be printed immediately after the procedure and reports will be received by your doctor within a week.

**Preparation:**

- Wear comfortable clothing without metal. Avoid zippers, pants with studs, underwire bras or bras with metal clasps at the back.
- Do not take calcium supplements on the morning of the test. You may eat normally and take other medications prescribed by your doctor.
- If you've had an injection of barium or contrast dye for a CT scan, please wait 7 days before having a BMD.

**FINDING THE ARTHRITIS & OSTEOPOROSIS CENTRE:**

The main entrance to the clinic is located on **Canterbury Rd near Charlotte St.**

**Parking:**

Off-street car parking is free and available at the rear of the clinic. Please refer to the map. Access the driveway via Charlotte St and park in an available space marked "Arthritis & Osteoporosis Centre (AOC)". You will then need to walk around to the front entrance via the path along Charlotte St.