The Neurobiology of Human Connection

Course Objective:
The aim of this course is to explore the interpersonal dimension of health care from a neurobiological perspective. Theoretical and experiential elements from evolutionary biology, neuroscience and psychology are presented to enable the participants to improve their interpersonal effectiveness in both the clinical and non-clinical encounter.

Course Content:
The course investigates the fundamental need for interpersonal safety as well as variables such as therapeutic presence, clinician self-awareness and clinician self-care that may impact the clinician’s ability to facilitate safety in a health care context. A combination of theoretical and practical elements will be drawn upon, throughout this day-long course.

There are six distinct modules:
1. Bedside Manner / Interpersonal Effectiveness
2. Evolutionary Biology
3. Polyvagal Theory (science of personal safety)
4. Trauma - psychological and personal consequences
5. Improving Safety Perception: Therapeutic Presence
6. The Importance of Self Care

Target Audience:
Clinicians, leaders and managers from all clinical settings within SLHD, that have an interest in improving their own experience and that of patients and their families.

This course is also relevant for managers and leaders who are responsible for workplace culture and the experiences of frontline staff.

2019 Course Details:
19 February 9am-4:30pm CEWD Rozelle
14 March 9am-4:30pm CEWD Rozelle
5 April 9am-4:30pm CEWD Rozelle
26 July 9am-4:30pm CEWD Rozelle
23 October 9am-4:30pm CEWD Rozelle
22 November 9am-4:30pm CEWD Rozelle

Course Coordinators:
Sophia Parnas, Psychotherapy Educator, CCMH
Nigel Cronin, Snr Workforce Development Consultant, CEWD

How to Enrol:
For further details and to apply for this course, please register for this course via My Health Learning

For further information please contact:
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