PETER BEUMONT EATING DISORDERS SERVICE REFERRAL INFORMATION

Dear Doctor,

PROCESS FOR REFERRAL

A completed Doctor’s referral form and results of blood tests and an ECG that have been completed within the last 7 days are a prerequisite to accessing our service, in addition to telephone consultation with an intake clinician. These documents should be faxed to (02) 9515 1502.

- Bloods required (FBC, EUC, CMP, LFT, TFT, Random glucose).
- An accompanying clinical summary detailing any relevant medical and/or mental health history would also be appreciated and will aid in triaging your referral to the most appropriate service.

An intake meeting is held each week to discuss all referrals and determine suitability for appropriate services. Following triage and assessment, referrers will be notified regarding treatment decisions and recommendations made. Please note, that there may be a waiting list to access our tertiary services and decisions on priority will be based on clinical need. Some referrals may be accepted without formal assessment. These include referrals for the Peter Beumont Inpatient Unit for people who are currently inpatients at their local hospital or those from rural and remote areas. If you are requesting a transfer from another hospital, please also inform your Bed Manager of this referral.

If you, the referring doctor, will not be involved in the patient’s continuing care, please indicate who will maintain clinical responsibility for the patient. We would appreciate if you could ensure that your patient will receive medical monitoring on a regular basis. If there are any changes to your patient’s clinical condition, or you have enquiries regarding the referral, please contact our Intake Clinician on (02) 9515 1430 or 0484 346291 between 12 – 4pm Monday – Friday. Calls received after this time will be returned as soon as possible.

We look forward to working collaboratively with you in the treatment of your patient.

Kind regards,

Professor Janice Russell MBBS MD (Syd) FRACP FRANZCP MFCAP FAED
Director – Peter Beumont Eating Disorders Service
Department of Psychiatry, Royal Prince Alfred Hospital