

Peter Beumont Eating Disorders Service: referral information

Peter Beumont Service - What is it?

Peter Beumont Eating Disorders Service is a tertiary specialist service that provides inpatient and outpatient services across New South Wales (NSW). It also supports clinicians and other providers who are caring for people with Eating Disorders.

rpavirtual Eating Disorders Connect (vE-Connect) is the initial point of contact for support and will facilitate referral to the Peter Beumont Eating Disorders Services.

Is my patient eligible?

Eligibility criteria for Peter Beumont Eating Disorders Service:

- The person is aged 16 years and older
- The person has an Eating Disorder
- The person resides in NSW
- The person's Eating Disorder is not being sufficiently contained in spite of engagement with local public and/or private services

What is provided?

There are three arms of the Peter Beumont Eating Disorder Service: inpatients, intensive outpatient program (IOP) and outreach services.

Inpatient treatment

The Peter Beumont Unit is a nine bed inpatient facility providing specialist treatment for people with an Eating Disorder. Admission is based on clear goals that are beyond local service provision. A clear plan to transition back to local services must also be in place.

Intensive Outpatient Program (IOP)

The Intensive Outpatient Program (IOP) are group-based interventions that compliment treatment the person is receiving locally. The person should stay linked in with their local treatment providers during and after their engagement with this program.

Outreach

NSW Eating Disorders Outreach Service provides clinical case consultations to support clinicians and other providers who support inpatient and/or outpatient care to people with complex Eating Disorder presentations. Support includes team to team case consultations, discipline specific consultation and training.

How do I refer?

Clinicians and other providers caring for people with Eating Disorders can access vE-Connect by calling **1800 443 833**. Monday to Friday 08:00 to 20:00



Contact

rpavirtual Eating Disorders Connect (vE-Connect)

(Monday to Friday 08:00 to 20:00)

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