

Naamuru Parent and Baby Unit

Information for partners/support person



As a family-focused service, Naamuru Parent and Baby Unit strongly encourages partners, or an alternative support person, to stay over. Staying over requires you to play an active role in supporting your loved one and assisting with the care of the baby. Our team understands this may be a difficult time for you. They will work with you and be available to provide support.

All parents and family members/support people in the unit are asked to respect each other, act with tolerance, integrity and compassion at all times.

Bedrooms

Each bedroom has a queen-sized bed for couples, and a daybed if an alternative support person is providing assistance.

Common areas

You and your loved one are welcome to use the common areas of the unit. There may be times when some common areas are being used for meetings or groups but there are lots of spaces where you can have some quiet time.

Meals

Partners and support people at Naamuru will be provided with breakfast and an evening meal in the family dining space. There are also plenty of cafes and a small but well-stocked supermarket on Missenden Road within a short walking distance of the unit. Please ask staff if you require directions.

Overnight stays

Only one person is permitted to stay overnight, and must be over 18 years of age. If you are unwell, please do not visit or stay, especially if you are experiencing flu-like symptoms or within three days of having diarrhoea or vomiting.

Visiting hours

Visiting for partners or an alternative support person is allowed 24 hours a day, however it is asked that partners only arrive or leave between the hours of 7am and 9pm to minimise disturbance to other families.

Fire safety and security

You will receive a formal orientation to the unit on your arrival. All visitors will be asked to sign the visitor register each time they enter and leave the unit. This is a fire safety requirement to ensure it is known how many people are in the facility at all times.

Appropriate dress

Visitors must be fully and appropriately dressed at all times.

Photos and videos

NSW Health does not allow photos or video footage within a health setting, with a mobile phone or other recording device. This is to protect the privacy of other individuals in the unit. For more information about privacy in hospitals, please see our staff.



Smoking

As a NSW Health facility, smoking is not permitted on the grounds of Royal Prince Alfred Hospital, which includes the Naamaru Parent and Baby Unit and its immediate surrounds. If you need to smoke, please consider the risk of second-hand smoke to your baby and wash your hands thoroughly.

Drugs and alcohol

Drugs and alcohol are prohibited to bring into the unit. Anyone who is under the influence of drugs or alcohol will not be allowed to enter.

Parking

Reduced rate parking is available nearby – please ask the staff if you would like more information.

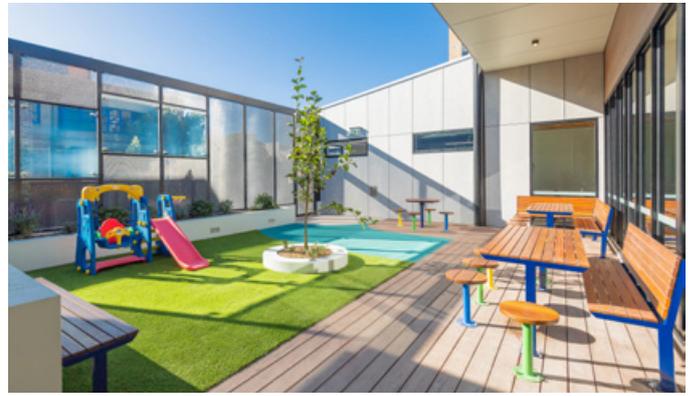
Property

You are responsible for your belongings during your stay. Please limit the amount of belongings you bring and use the storage area underneath the daybed to keep the room tidy.

There are some items that cannot be kept in the bedrooms as they may be a safety risk for patients. These include cords, lighters, sharp objects and glass. Our team will clarify this with you when you come to the unit.

Dishes and laundry

Please return used crockery or cutlery items to the kitchen area and wash up items you use, or put them in the dishwasher.



Please put any dirty towels or sheets/blankets you use in the laundry skips located around the unit.

Groups

The unit supports a full group program – some groups will have a specific focus for partners which you will be encouraged to attend.

Your agreement

You will be asked to sign an agreement outlining these expectations when you come to Naamaru Parent and Baby Unit.

Contact us

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