Your guide to getting to Aboriginal and Torres Strait Islander Health Services in SLHD

Train
Sydney Trains operate frequent services across many parts of Sydney. The T1, T2, T3 and L1 Lines provide convenient connections to many of the services available in the SLHD area, including Redfern, RPA (of Newtown Station and Marrickville). Many railway stations are wheelchair accessible and also have connecting bus services. For more information, visit transportnsw.info or call 131 500, or plan your trip with apps or Google Maps.

Bus
State Transit operates frequent services across many parts of Sydney. Routes 393, 397 and 432 travel through the centre of Redfern, Route 412 services RPA and Routes 412, 418, 423, L20, 420 and 462 service the Marrickville area. Most bus services are wheelchair accessible. For more information, visit transportnsw.info or call 131 500, or plan your trip with apps or Google Maps.

Light Rail
Transdev Sydney operates frequent services on the L1 line connecting Central Station, Pyrmont, Glebe, Annandale, Lilyfield, Leichhardt, Lewisham and Dulwich Hill. For more information, visit transportnsw.info or call 131 500, or plan your trip with apps or Google Maps.

Taxi
Taxi can help you travel between places if you’re not able to use regular public transport. They can be pre-booked, hailed on the street or joined at ranks. For more information, visit transportnsw.info/en/travelling-with-us/taxis/index.page

Parking
There is limited parking around many of the facilities in the SLHD area. Active Travel, a combination of public transport, walking and cycling is recommended. It’s the healthy way to travel!

Plan and cost your travel by journey before you leave home: NSW Transport Information line www.transportnsw.info or 131 500 including planning your trip, ticketing, mobile cards for everyone and where to buy them: transportnsw.info/en/tickets/index.page

ROAD SAFETY MESSAGE: look both ways before you cross streets and roads, go the distance to traffic lights.

Cycling
Cycling is a great way to get out and about. There are lots of on and off-road options for cycling across Sydney. Some suggested routes are shown on the map overlaid, and others can be found at www.transport.nsw.gov.au/roads/bicycles/cyclingways/index.html. In addition, you can take your bike on train and light rail services, subject to some conditions. Bicycle parking is available at a number of SLHD facilities.

Walking
Walking can easily be combined with other active travel options like trains, buses and light rail services. Some suggested routes are shown on the map overlaid. More information is available at transport.nsw.gov.au/customers/walking.

Visit Aboriginal culturally significant sites.
You are able to use active travel of walking, cycling and public transport, to get there.

environment.nsw.gov.au/newamlc/cultural heritage/PlacesOfSignificance.htm

Ways to get healthy for your mob:
Include physical activity (Active Travel) into everyday life for journeys to events, sports activities, shops, work and school
Enrol into the free Get Healthy for Your Mob program, individual information and coaching services for healthy eating, exercise, more feeling better, information on reduction of smoking and alcohol
Phone: 1300 806 258 www.gethealthy.nsw.gov.au

Aboriginal and Torres Strait Islander Health Services

TRAVEL ACCESS GUIDE

Health
Sydney Local Health District

GET
Active
Healthy
DEADLY

B

T

L

P

A

G

M

D

N

O

Text extracted from the image.
Aboriginal and Torres Strait Islander Health Services

REDfern

Aboriginal Medical Service (AMS) Redfern
36 Turner St, Redfern
Provides culturally appropriate health care to Aboriginal and Torres Strait Islander communities, services include, Medical, Dental, GPs, Sexual Health, Mental Health and go to www.amsredfern.org.au/ for other services.
(02) 9319 5623

National Centre of Indigenous Excellence (NCIE) 166-168 George St, Redfern
Sports Complex, Physical activity opportunities, health and sports programs and so much more.
(02) 9664 7200 or www.ncie.org.au

The Redfern All Blacks
Alexandria Park, Power Avenue, Alexandria
The Redfern All Blacks is an Aboriginal Australian rugby league team based in Redfern, www.redfernalblacks.com/

Wyanga Aboriginal Aged Care
5 Cope St, Redfern
All aspects of community aged care for local Aboriginal elders. Health and cultural programs. Social gatherings.
(02) 9119 7179

Mudjin Gai Aboriginal Women’s Centre
233 Abercrombie St, Chippendale
(02) 9538 1173

Banana Mens Group Redfern
37–47 St Johns Rd, Glebe
A service of health and social programs.
(02) 9660 5612

G动漫
Community healing and leadership initiatives for Aboriginal men and women.
www.gamanda.org.au

YOUTH SERVICES IN THE SURROUNDING AREA

Youthblock
216 Abercrombie St, Redfern
Free and confidential youth services 12–25 years old. Provides youth support services, counseling, drug and sexual health services, pregnancy support, health promotion programs. No Medicare Card required.
(02) 9928 9140

Aboriginal and Torres Strait Islander Health Services

REFERRALS AND FURTHER INFORMATION

Primary Health Network, Central and Eastern General Practitioners, Health Care and Outreach workers.
(02) 8752 6842 info@pophs.org.au

MARRICKVILLE

Marrickville Health Centre
155-157 Livingstone Rd, Marrickville
Services include: Mental Health, Early Childhood Centre, Child and Family Health Service, Community Nursing, Dental clinic and Podiatry Service.
(02) 9562 0650

Centrelink, Housing and Medicare Marrickville
373 Illawara Rd, Marrickville
(02) 13020

LEICHHARDT

Centrelink, Housing and Medicare Leichhardt
23 Balmain Rd, Leichhardt
(02) 13020

Leichhardt Oval
Mary St, Leichhardt

Getting out and about

Cycling is a great way to get there. Travelling with us, take the train. 

In the Bus stop, you can access the MyBus App or Google Maps.

For community, social and sporting events, local health and health education programs.

The health providers within the Sydney Local Health District would like to acknowledge the people of the Eora Nation as the traditional custodians of this land. We would like to pay our respects to our elders both past and present, and all Aboriginal people within our boundaries from whatever Aboriginal nation you may come from.

The health providers within the Sydney Local Health District would like to acknowledge the people of the Eora Nation as the traditional custodians of this land. We would like to pay our respects to our elders both past and present, and all Aboriginal people within our boundaries from whatever Aboriginal nation you may come from.

Access Guide

Aboriginal and Torres Strait Islander Health Services

Access Guide

Aboriginal and Torres Strait Islander Health Services

ACCESS GUIDE

Aboriginal and Torres Strait Islander Health Services

ACCESS GUIDE

Aboriginal and Torres Strait Islander Health Services

ACCESS GUIDE

Aboriginal and Torres Strait Islander Health Services

ACCESS GUIDE

Aboriginal and Torres Strait Islander Health Services

ACCESS GUIDE

Aboriginal and Torres Strait Islander Health Services