Complete this form online then print for signatures

RPAH Endocrinology Bone Density Service

REFERRAL for Bone Mineral Density/Body Composition by Dual Xray Absorptiometry (DXA)

EMAIL: SLHD-RPA-EndoBMD@health.nsw.gov.au **Fax: (02) 9515-8728**

Appointment Date: .....

Time:.....

☐ **RPA Health One-Green Square**
944 Bourke St
Zetland NSW 2050
Phone: (02) 9562-5822

☐ **RPA Hospital-Endocrinology & Metabolism Unit**
Level 6 West, 50 Missenden Road
Camperdown NSW 2050
Phone: (02) 9515-7226

Please indicate ✗ *the preferred scanning centre location.* ***Note: All repeat scans should be performed on same machine***

Patient's Name ..... DOB .....

Address ..... RPA MRN (if known) .....

SERVICE REQUESTED
(please tick)

☐ Lumbar spine
☐ Left + Right Femur

☐ Forearm (not routinely performed)
Exceptions: hyperparathyroidism, degenerative spine, spine/hip surgery

☐ Body Composition *(not routinely performed)*
Note DXA scanner weight limit: 227kg

Previous BMD? ☐ No ☐ Yes

Previous BMD Date _____ *(essential for Medicare rebate)*

Previous BMD Location _____

Non-Medicare rebateable:	Standard Fee	$119.45*
	Pensioner	$89.60*
Body Composition – Non-Medicare Item:	Fee	$180.00*

* price may change without notice

Qualify for 12 monthly BMD

Item 12312
- ☐ Prolonged and **current** glucocorticoid therapy
  - inhaled glucocorticoid equivalent to or greater than 800 mcg beclomethasone dipropionate or budesonide per day
  - supraphysiological glucocorticoid dosage e.g. equivalent to or greater than 7.5mg prednisolone for at least 4 months
- ☐ Conditions associated with excess glucocorticoid secretion e.g. Cushing syndrome
- ☐ Female hypogonadism lasting more than 6 months before age of 45 (oestrogen level below age matched normal range)
- ☐ Male hypogonadism (testosterone level below age matched normal range)

Item 12321
- ☐ Monitor BMD at least 12 months after significant change in therapy (change in drug class not dosage)

Qualify for 24 monthly BMD

Item 12306
- ☐ Confirmation of presumed osteoporosis on basis of one or more fractures after minimal trauma
- ☐ Monitoring of low BMD proven by bone densitometry at least 12 months previously. Low BMD is present if:
  - T score is more than -2.5 standard deviations below young normal mean
  - Z score is more than -1.5 standard deviations below age matched mean

Item 12315
- ☐ Primary hyperparathyroidism
- ☐ Conditions associated with thyroxine excess
- ☐ Proven Malabsorption
  - malabsorption of fat, defined as faecal fat >18gm per 72 hours on a normal fat diet
  - bowel disease with presumptive Vit D malabsorption as indicated by a subnormal circulating 25-hydroxyvitamin D level
  - histologically proven Coeliac disease
- ☐ Chronic liver disease
- ☐ Chronic renal disease
- ☐ Rheumatoid arthritis

Item 12320
- ☐ Age 70 yrs or over and has not previously had bone density
- ☐ Age 70 yrs or over and T-score more than -1.5 standard deviations. Eligible for one scan every 5 years

Item 12322
- ☐ Age 70 yrs or over and T-score of -1.5 to -2.5 standard deviations. Eligible for one scan every 2 years

Other (non-Medicare rebateable)
- ☐ Other reason .....
- ☐ Current RPA inpatient (non-billable)

Technical considerations (technician awareness)

- ☐ Hip replacement/prosthesis ☐ Left ☐ Right
- ☐ Spine surgery/metalware/hardware (e.g. laminectomy, fusion, screws, rods)
- ☐ Prior fractures (ze.g. vertebral, wrist)
- ☐ Mobility issues (e.g. cannot rotate hip, difficulty lying flat)
- ☐ Hoist required (must be booked at Royal Prince Alfred Hospital only)

Details: .....

Referring Doctor

Name ..... Provider Number .....

Practice address .....

Phone ..... Fax ..... Signature .....

CC reports to: .....