



Turning the sod at the site of the RPA HealthOne Green Square: Sydney Local Health District Chief Executive Dr Teresa Anderson, The Hon John Ajaka, District's Chair of the Board, NSW Health Secretary Elizabeth Koff, University of Sydney Dean of School of Health Sciences Professor Joshua Burns, Health Infrastructure Executive Director Leisa Rathborne and Central and Eastern Sydney Primary Health Network CEO Nathalie Hansen.

Construction starts on RPA HealthOne Green Square

The construction of a new health centre RPA HealthOne is underway, bringing the local community another step closer to accessing comprehensive care close to home.

The NSW Health Secretary Elizabeth Koff, Sydney Local Health District Chief Executive Dr Teresa Anderson, and Health Infrastructure's Executive Director, Northern Region Leisa Rathborne turned the first sod to celebrate the project milestone in February.

RPA HealthOne will provide health services to support the community's health and wellbeing and integrate specialist services and primary health practitioners in one spot.



Artist impression of RPA HealthOne Green Square.

It will focus on early intervention, health promotion and prevention including services that would traditionally be provided in a hospital setting at RPA.

“Sydney Local Health District, in partnership with Health Infrastructure, has been working with the community on the plans for RPA HealthOne,” Dr Anderson said.

“Our partnerships with community, primary care and education and training institutes will enable this facility to support private practitioners in the surrounding medical and health neighbourhood, to improve patient care services outside of the hospital system.”

In partnership with the University of Sydney, the District has formed an Academic Primary Care Unit to collaborate with community and private primary health care practitioners in the area, such as GPs, nurse practitioners, pharmacists and allied health professionals to help turn evidence-based research into practice.

Ms Koff said the start of the works is a major milestone for the community amid the challenges of COVID-19.

“The COVID-19 pandemic has shown our healthcare system is robust yet flexible and highlighted the importance of continuing to deliver services that our community needs, closer to home,” she said.

The purpose-built facility will feature eight consultation rooms, six treatment rooms, a range of meeting rooms and a gymnasium for patient therapy, along with parking for cars, bicycles and a drop off area.



Construction is now underway at 944 Bourke St

Located at **944 Bourke Street, Zetland**, close to the Green Square train station, the area is projected to be home to more than 61,000 people by 2031, making it one of the most densely populated neighbourhoods in Australia.

The project is part of a \$100 million NSW Government HealthOne Strategy. RPA HealthOne is expected to be completed in early 2023.

For more information, visit www.slhd.nsw.gov.au/RPA/HealthOne

**See more from
the event**

Visit the link below
or scan the QR code

<https://vimeo.com/678481530>



Extra support on offer for new parents

Laura Ramos De Carvalho and Rodrigo Nemer are first time parents.

“Our baby Paulo is nine-months-old. He’s very smiley. He’s outgoing and he loves meeting new people. He loves trees. And, he loves Caroline,” Laura said.

That’s Caroline Parkee, a Child and Family Health Nurse who has been supporting the family as they tackle the challenges that can come with parenthood.

One of the challenges – having a baby in Sydney on their own. The couple’s parents live in Brazil and were unable to fly to Australia during the COVID-19 pandemic.

Laura was worried not only about Paulo, but her own health.

“I was very anxious about being a new parent and not being with my family. My mum had post-partum depression when she had me, so I was very worried that I would get it too.”

Caroline was able to offer advice about Paulo’s growth and development and seek additional help for Laura when she needed it.

“I met Laura when her baby was about two weeks old. Laura needed some extra support. She’s developed trust with me. I’ve seen a beautiful change with Laura. She has developed amazingly with her baby and is so much more confident,” she said.

Caroline is now based at a **new Child and Family Health Clinic at Zetland** that’s opened to cater for the growing number of families who live in the area.

Child and Family Health nurses provide free health, growth and development checks for babies and children from birth to five years at Clinics in 17 different locations in Sydney Local Health District.

The Clinics also offer group sessions and provide information and support about adjusting to parenting, breastfeeding, immunisation, baby and child behaviour, baby feeding and child nutrition, parental wellbeing, play, safety, sleep and crying patterns.

There are three family-friendly clinical consultation rooms and a group room at the new Clinic in Zetland.

“It’s very accessible. Our new clinic is perfectly located for families in this area around Green Square, [and] parts of Rosebery and Waterloo. It’s in the middle of a park, which is perfect for families,”

Jeanette King, Nurse Unit Manager for Camperdown Child and Family Health Nursing, said.

There are future plans to also provide allied health and community paediatric clinics as well as RPA Antenatal outreach appointments for women expecting a baby.

The new Clinic is in the **Tote Building, 100 Joynton Ave, Zetland**. To book an appointment with a Child and Family Health Nurse, please call the Child Health Information Link (CHIL) on 9562 5400, Monday to Friday, 830am-4pm.



Laura with baby Paulo and Child and Family Health Nurse Caroline Parkee at the new Zetland clinic.



The new Child and Family Health Clinic is located in the Tote Building at 100 Joynton Ave, Zetland.

From the Chief Executive



Dr Teresa Anderson AM
Chief Executive
Sydney Local Health District

I'm excited to update the community living in Green Square about the progress being made on the RPA HealthOne facility.

Since the recent sod turn, construction has progressed with the first concrete slab recently poured. The two storey building has been purpose-designed with our clinicians to ensure it can deliver a range of specialist health services to the community, closer to home, without the need to travel to RPA.

The RPA HealthOne is one of 20 HealthOne's funded by the NSW Government, and one of the first in the Sydney metropolitan region.

What it will deliver is a true representation of partnership with health providers at public, private and tertiary research levels.

We are working closely with the University of Sydney and the Central and Eastern Sydney Primary Health Network of local private practitioners to not only deliver health services, but contribute to research and improve patient services and outcomes.

As we watch the RPA HealthOne come out of the ground at the Bourke St location, we are thrilled to be welcoming families to our new Child and Family Health Clinic at Zetland. The new clinic gives the growing number of local families with young children access to free health, growth and development checks for babies and children from birth to five years.

We look forward to keeping you up to date with the construction of the RPA HealthOne Green Square.

For further information

Stay informed with news and updates about health services in your area at:

www.slhd.nsw.gov.au/sydneyconnect

www.facebook.com/sydneyLHD

Benefits

The key features of HealthOne NSW services are:



Integrated care provided by general practice and community health services



Organised multidisciplinary team care



Care across the spectrum from prevention, to early detection and chronic health management



Client and community involvement

The project will:



Deliver a variety of quality health services under one roof



Improve patient care outside the hospital system



Offer care across the spectrum



Provide better care coordination through a multidisciplinary approach



Improve health outcomes of the community